

This is issue #4 in the series on leadership and mindset.

A leader can be a better contributor, learn to leverage whatever is encountered and enjoy the leadership journey or experience by managing mindset and being resilient.



Court Leadership and Mindset

MINDSET AREAS IN THIS SERIES



About this Series on Court Leadership and Mindset

Being a leader implies that one has acquired and mastered the knowledge, skills, and abilities to deal with whatever comes along or any situation that arises. We quickly learn that additional mindset skills may be useful - attitudes, perspectives, and awareness actions.

These competencies may help us react to and leverage how we experience events, increase stamina, decrease stress, and expand satisfaction.

In this issue, the mindset skill of growth and learning is reviewed.

This Issue: Growth and Learning



The secret to getting results that last is to never stop making improvements.
(James Clear)

Nothing changes until you do.
(unknown)

Change is the law of life. And those who look only to the past or present are certain to miss the future.
(John F. Kennedy, Jr.)

Life is like a combination lock; your job is to find the right numbers in the right order, so you can have anything you want.
(Brian Tracy)

Traits of Growth and Learning:

Put aside perfectionism
Leverage the power of intuition
Network and engage
Keep track of accomplishments
Review goals
Identify new skills to develop and conquer
Brainstorm ideas and goals
Spend time making observations
Understand your flaws
Seek constructive criticism
Learn from mistakes

Listen to those with experience
Challenge yourself
Invest in education and coaches
Build a strong network
Develop emotional intelligence
Adapt to change
Track progress
Communicate with intention
Delegate effectively
Foster team accountability
Lead with vision and purpose

Remember To:

- Maintain a flexible mindset
- Treat leadership development as a lifelong journey
- Establish daily habits of curiosity and learning

- Seek learning and growth in the leadership rhythm
- Use a sense of humor
- Employ visualization

Resources

J. Clear, Tiny Changes, Remarkable Results, Atomic Habits, 2018; J. Canfield, The Success Principles, How to Get from Where You Are to Where You Want to Be, 2005; J. Kouzes, B. Posner, The Truth About Leadership, 2010; M. Wilding, How to Stop Overthinking Everything, Harvard Business Review, 2/10/2021; S. Haller, Managing Time Crucial to Achieving Career Goals, The Arizona Republic, 1/16/2006; S. Haller, Steps Toward a New You, The Arizona Republic, 1/21/2006; e-INTOO, How to Effectively Grow as a Leader in the Workplace, www.intoo.com, undated; 20 Leadership Strategies for Continuous Learning and Skill Development, Forbes, 5/21/26.