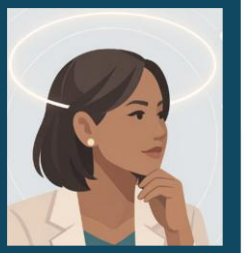
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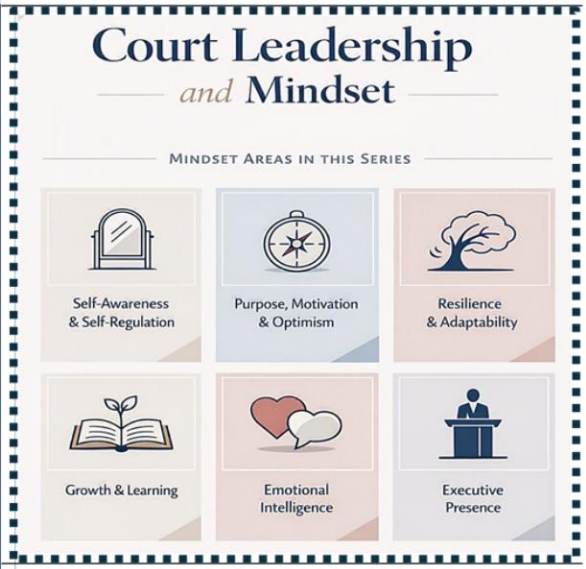
Court Leadership and Mindset

CourtLeader

This is issue #5 in the series on leadership and mindset.

A leader can be a better contributor, learn to leverage whatever is encountered and enjoy the leadership journey or experience by managing mindset and being resilient.





About this Series on Court Leadership and Mindset

Being a leader implies that one has acquired and mastered the knowledge, skills, and abilities to deal with whatever comes along or any situation that arises. We quickly learn that additional mindset skills may be useful - attitudes, perspectives, and awareness actions.

These competencies may help us react to and leverage how we experience events, increase stamina, decrease stress, and expand satisfaction.

This issue contains the mindset skill of emotional intelligence.

This Issue: Emotional Intelligence (E.I.)



IQ and technical skills are important, but emotional intelligence is the "sine qua non" of leadership.

Daniel Goleman

We not ***me***

Us not ***I***

Awareness

Empathy

E.I. Is All About …

Self-awareness	Ability to recognize and understand moods, emotions, drives, and the effect on others	Self confidence Self-assessment Self-depreciating humor
Self-regulation	Ability to control or redirect disruptive impulses and moods, and to suspend judgment and think before acting	Integrity Comfort with ambiguity Openness to change
Motivation	Passion and propensity to value goals with energy, persistence, and without focus on money or status	Drive to achieve Optimism during failure Commitment
Empathy	Ability to understand the emotional makeup of others, and treat people according to their emotional reactions	Cross cultural sensitivity Service to others Expertise in building talent
Social Skill	Ability and proficiency in managing relationships, building networks, and finding common ground to build rapport	Effectiveness in leading change Persuasiveness Expertise in building teams

E. I.

- Can be learned
- Involves relationship management
- Supports other leadership skills and training
- Contributes to analytical abilities

Resources

D. Walton, Emotional Intelligence-A Practical Guide, 2012; D. Goleman, What Makes a Leader, Harvard Business Review, November-December, 1998; A. Skupin, Emotional Intelligence and Leadership, National Association for Court Management Mid-Year Conference, 2/2025; A. Skupin, Emotional Intelligence, National Association for Court Management, Early Career Professional Presentation, 2/25/26; Admired Leadership, Field Notes, The Downside of Emotional Intelligence, 5/13/26.